

**STANDING COMMITTEE ON SOCIAL DEVELOPMENT
THURSDAY, JUNE 2, 2022
COMMITTEE ROOM 'A'
7:00 PM**

AGENDA

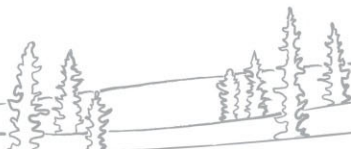
1. Prayer
2. Review and Adoption of Agenda
3. Declarations of Conflict of Interest
4. Public Matters
 - a) Briefing on Community Mental Wellness with the Hon. Julie Green, Minister of Health and Social Services
5. In-Camera Matters
 - a) Wrap-up Discussion
6. New Business
 - a)
 - b)
 - c)
7. Date and Time of Next Meeting: Wednesday June 8th 2022 at 9:00 a.m.
8. Adjournment



Community Mental Wellness

May 9, 2022

Government of
Northwest Territories

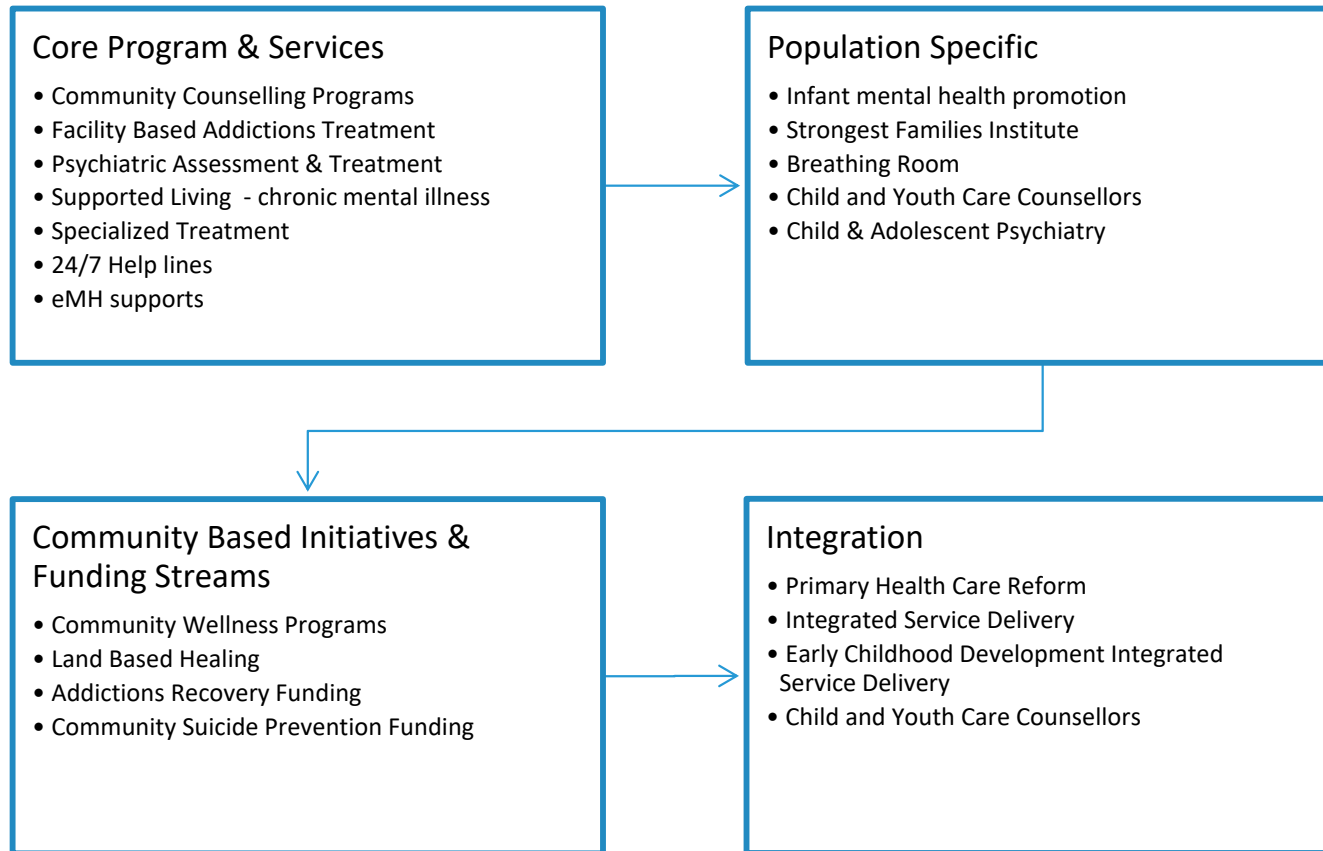


Agenda

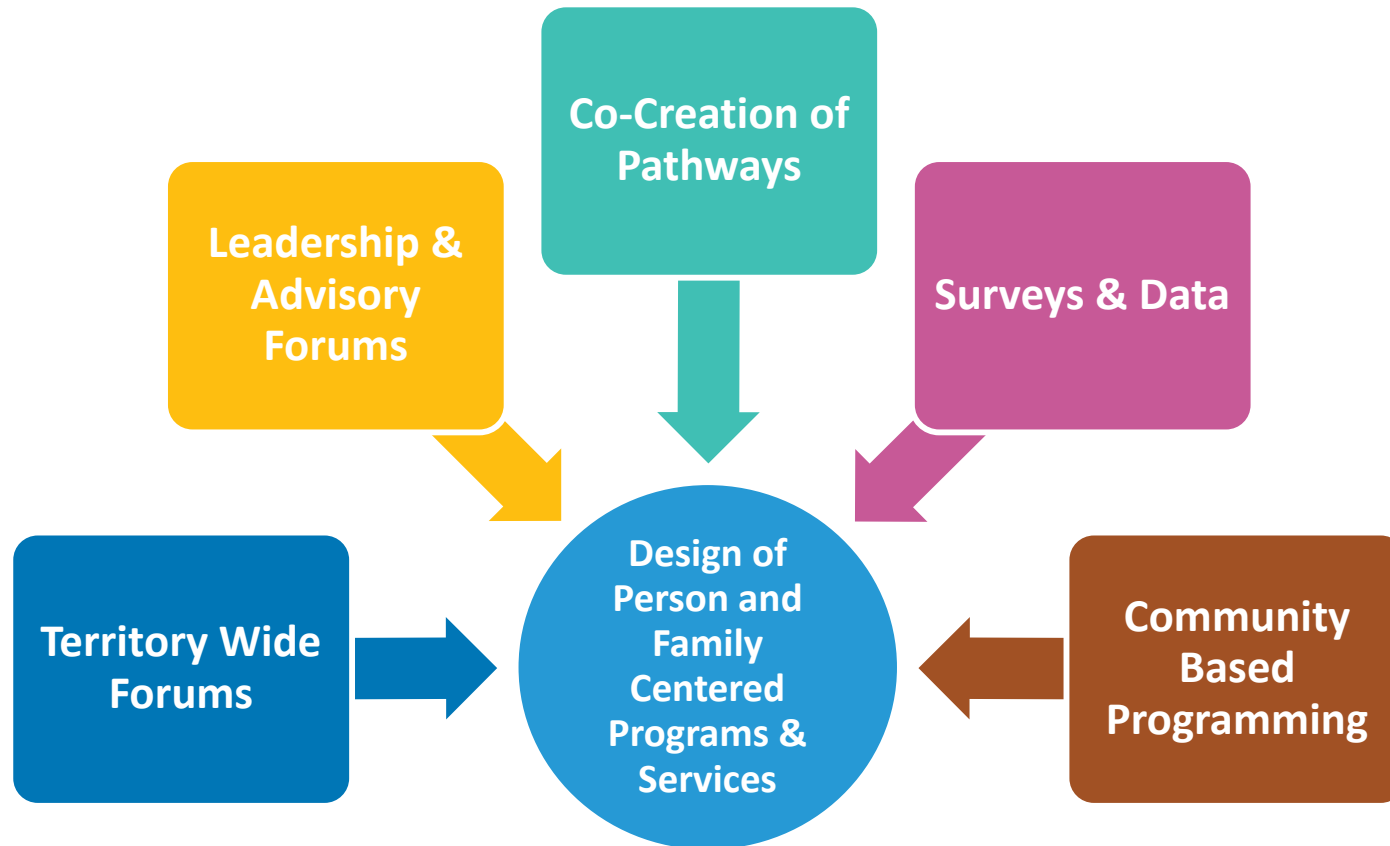
- Overview of Mental Wellness Programs & Services
- Public and Community Engagement
- Update – Primary Health Care Reform
- Housing Needs & Supports
- Action Plan Status Update



Mental Wellness Programs and Services

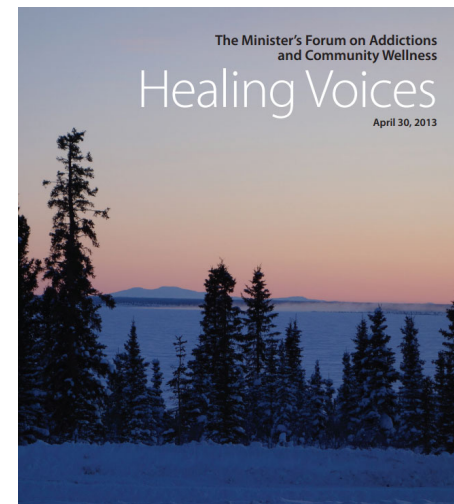


Public and Community Engagement



Territory Wide Forums

- Minister's Forum on Addictions and Community Wellness
 - Strategic Framework & Action Plans
 - On the Land Healing Program
 - GNWT Alcohol Strategy
- Disability Review and Renewal
 - Co-occurring developmental disability and mental health disorder
 - Complex needs requiring integrated approach



Leadership & Advisory Forums

- Leadership Council and Regional Wellness Councils
 - Engagement on: Mental Wellness & Addictions Recovery Action Plans
- Indigenous Advisory Body to provide guidance and advice on how to incorporate Indigenous tradition, culture and healing practices with the NWT Health and Social Services system
 - Engagement on: GNWT Alcohol Strategy



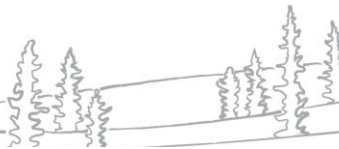
Co-Creating Pathways

- Consultation with individuals with lived/living expertise
 - Mental Wellness & Addictions Recovery Advisory Group
 - Informed: eMH/SC2.0/Transitional Housing for Addictions Recovery/” *We Need to Talk about This Stuff*” campaign/communications materials
- Targeted consultation with specific populations
 - FOXY/SMASH/Youth Ambassadors/Back to the Trail
 - Informed: Child & Youth Action Plan and *My Voice/My Choice* Campaign for Youth Wellness

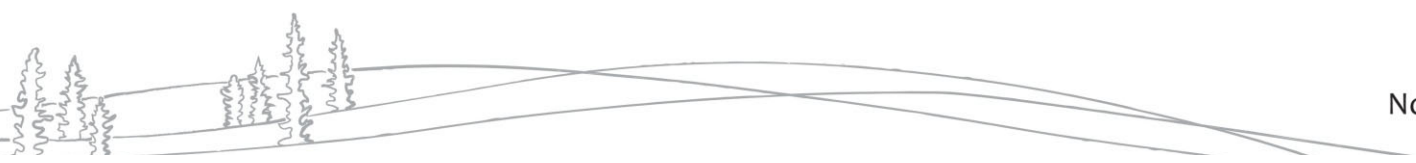


Surveys & Data

- Surveys of people who have used our services to inform program design and priority
 - Community Counselling Program Satisfaction Survey
 - Addictions Recovery Experiences Survey
- Ongoing monitoring of access and needs through program level data
 - Community Counselling Program/Child & Youth Care Counsellors
 - Facility Based Addictions Treatment
 - Helpline and eMental Health data
 - Wait time tracking

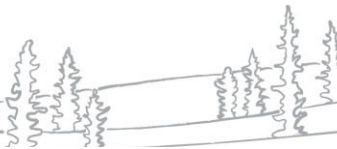


Community Based Programming



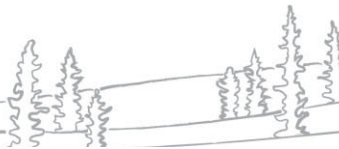
Community Wellness & Development Initiative

- Vision: A territory where Indigenous peoples, families and communities enjoy physical, mental, emotional and spiritual health and wellness
- Funding: Multi-year block funding based on a formula
- \$6 million in Community Wellness Initiatives funding distributed to 31 Indigenous governments and community organizations
- Wellness plans developed by Indigenous communities



Renewal Process

- Creation of 32 renewed plans and a territorial approach by January 2023 for full implementation in April 2024
- Gathering in Fort Simpson, Inuvik and Yellowknife from June to November 2022
- Facilitation and Community Development Training in May / June 2023
- Mental health and addictions a priority theme in each Community Wellness Plan



Primary Health Care Reform

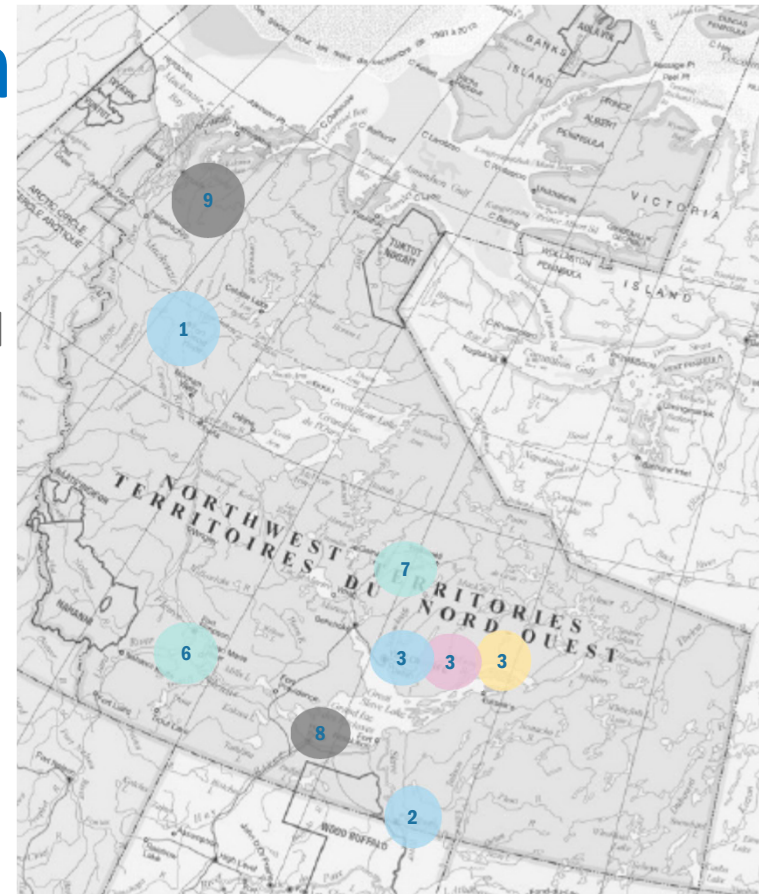
- An initiative to transform the delivery of NWT health and social services to improve health outcomes of residents
- New approaches to staff and services integration being used to implement the vision of a culturally safe and relationship-based HSS system
- Better integration of mental health and other services into primary health care is needed to emphasize wellness of the whole person
- PHCR encompasses a portfolio of projects driven by community priorities and health system data.



Primary Health Care Reform

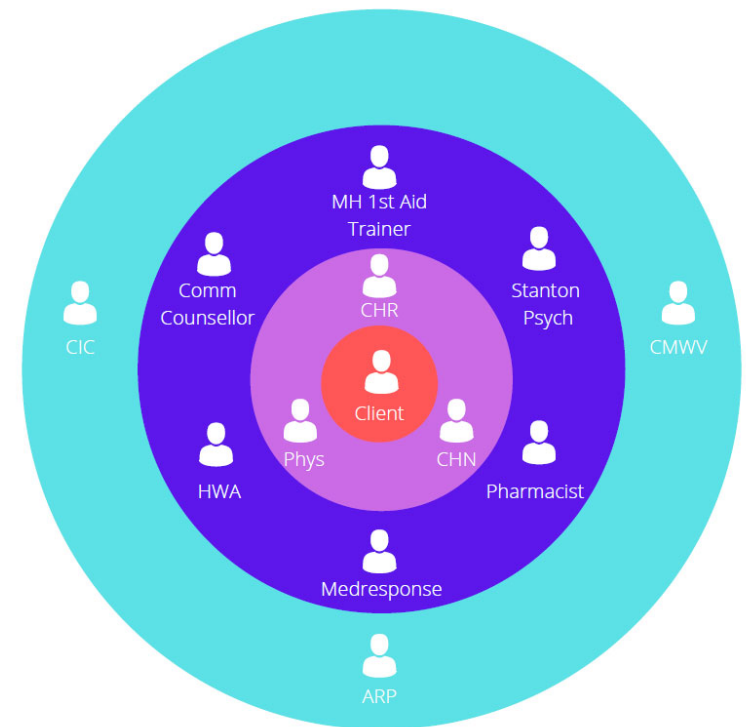
9 Demonstrations projects

1. Fort Good Hope region (Virtual Integrated Care Team) [status: active]
2. Fort Smith region (Integrated Care Team) [status: active]
3. Yellowknife region (Extended Same Day Access) [status: complete]
4. Yellowknife region (Integrated Care Team) [status: active]
5. Yellowknife region (Outreach Community Care) [status: scoping]
6. Dehcho region (Chronic Disease Management) [status: planning]
7. Tłı̨chǫ region (Chronic Disease Management) [status: planning]
8. Hay River region [Status: currently in development]
9. Beaufort-Delta region [Status: currently in development]



Virtual Integrated Care Teams

- Co-location of other care professionals that can support multiple teams, including mental health roles
- All staff working to maximum scope
- Client-centered care delivered by the most appropriate person, at the time and in the manner the client requires
- Involving those who are directly impacted in the planning and design process – this might include clients, families, communities, and staff



Abbreviations: HWA- Virtual Holistic Wellness Advisor, CHR- Community Health Representative, CHN- Community Health Nurse, CIC- Community Interagency Committee, CMWV- Community Mental Wellness Volunteers, ARP- Addictions Recovery Program

Infant and Child Mental Health Promotion

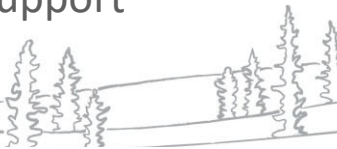
- Early childhood (from 0-6) is a critical window to promote mental health
- Requires a whole-child and multigenerational approach
- ECD Portfolio of Actions provides a roadmap to transform ECD through actions that strive for integration and culture-centered approaches
- Programs and services which support parenting and promote infant mental health are embedded across HSS:
 - Infant feeding
 - Prenatal care
 - Well Child visits
 - Healthy Family Program

Infant and early childhood mental health, sometimes referred to as social and emotional development, is the developing capacity of the child from birth to five years of age to:



Housing Needs and Supports

- Territorial engagement
 - Anti-Poverty Roundtable on Housing and Homelessness
- Interdepartmental approach
 - Housing instability, MH & addictions, disability
 - Collaboration between housing, income support, health and social services
- Supported Living Review
 - Complete May 30, 2022
 - Define person and family-centered, culturally safe Supported Living Model for the NWT
 - Integration needed between SL and MH and addiction services for some service users
- New approach - Spruce Bough
 - Individuals experiencing homelessness during COVID – added in support elements for those at higher risk of poor outcomes
 - Residents have multiple service needs and require support services to successfully live independently- alcohol dependency, disabilities, chronic health conditions, income support



Action Plan Status Update

Child and Youth
Care Counsellors

Re-Launch of *My
Voice, My Choice*

Suicide Prevention
& Crisis Response
Network

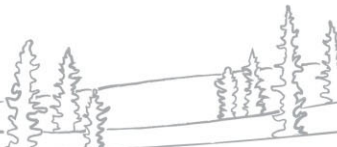
Enhanced OTL
Fund

Improved Access
to Counselling

eMental Health
Options

MWAR Advisory
Group

NWT Alcohol
Strategy



Questions

